



FALL EDITION V - OCTOBER 3RD, 2024

# TRAILL TALES

*Catharine Parr Traill College  
Trent University*



## A message from our College Principal

Dear Traillites,

There are lots of events happening this week at the College on the Hill! Tonight, don't miss our first principal, **Dr. Marion Fry**, as she offers a special talk on the early years of Trent University and Traill College. Dr. Fry is the first speaker in our series of 60th Anniversary events this year. She is a philosophy professor emerita, past president of Trent University, and of the University of King's College, Halifax. Dr. Fry has been a trailblazer for women in the academy and her talk promises to delight with her characteristic wit and wisdom. It all begins at 7:30 PM in Bagnani Hall and we will provide fancy refreshments free-of-charge. Don't worry if you cannot make it, we will be recording it and putting the video on our Traill College YouTube channel in the future.

ATTENTION ALL NEW TRAILL STUDENTS! This Saturday is our annual **Scarf Ceremony** at the Jalynn Bennett Amphitheatre at Traill College. This is your chance to be officially welcomed to the College, get your scarf, join a parade, pose for our historic group photo, meet new friends, and eat free treats! The ceremony starts at 11 AM. It's always a lot of fun and I look forward to seeing you all there.

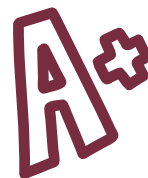
Finally, the Traill Annex cafeteria is proud to offer **Weekend Brunch**. Every Saturday and Sunday, starting at 11 AM, a great line up of eats are available in the cafeteria situated at 780 Argyle Street. Look for the advertisement in this week's *Traill Tales* and get 50% off your first meal! It's a little bit breakfast. It's a little bit lunch. And, a whole lot of fun. Student meal plans and debit cards are accepted.

See you soon,



# Needing an Appointment?

# Looking to book an academic appointment?



Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trail College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 7333 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to [graduate@trentu.ca](mailto:graduate@trentu.ca) or your home department.

## Cabinet Corner

**Nominations  
Are Open!**



**Closes Oct 7th @ 12PM**

<https://www.trentu.ca/colleges/trail/belong/college-cabinet>

To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news:

<https://www.trentu.ca/news/>

## Swag Shop



Click [here](#) to view our swag shop and order online!  
Pick up orders and pay with cash at the College Office.



[@trailcollege](#)



[Trail College](#)



[trailcollege](#)



[#trail](#)





# Backwoods Baking Presents:

## Peanut Butter Cream Pie

[Link Here](#)

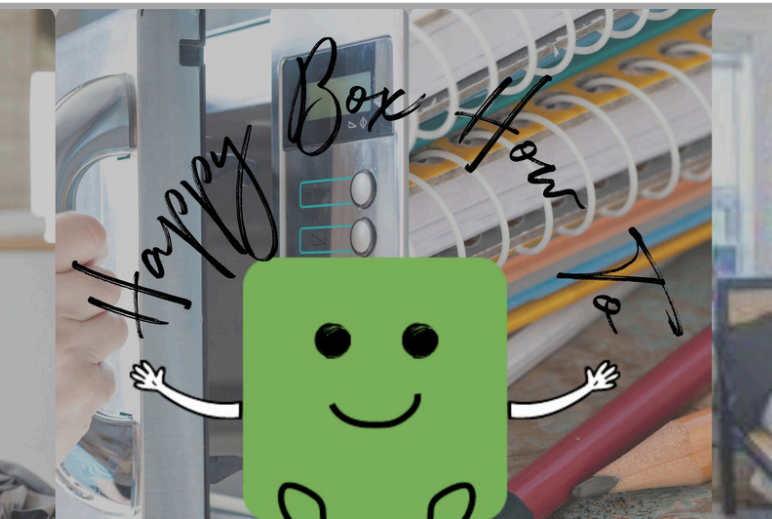
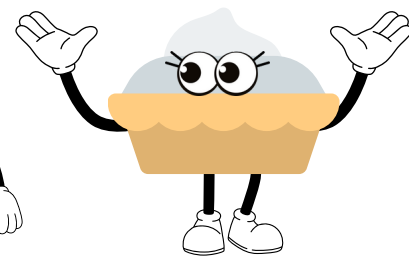
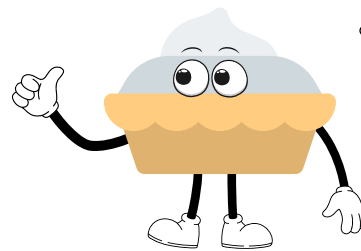
### INGREDIENTS

- 1 package (8 ounces) cream cheese, softened
- 3/4 cup confectioners' sugar
- 1/2 cup peanut butter
- 6 tablespoons whole milk
- 1 carton (8 ounces) frozen whipped topping, thawed
- 1 graham cracker crust (9 inches)
- 1/4 cup chopped peanuts



### INSTRUCTIONS

1. In a large bowl, beat cream cheese until fluffy. Beat in sugar and peanut butter. Gradually add milk. Fold in whipped topping; spoon into crust.
2. Cover and refrigerate overnight. Sprinkle with peanuts before serving.
3. Devour!




Check out our video on how to book an academic advising appointment! Click on Trail's [YouTube channel](#) to view

## Trail Mix

Why don't skeletons like Halloween candy? They don't have the stomach for it.




# What's going on at the College on the Hill?



## Motivation Mondays



Graduate Writers' Group  
Starts September 16



**Motivation Mondays helps to:**

- Develop writers with tips to improve writing
- Create a community of writers to celebrate achievements of writing
- Maintain momentum with writing

[Register on the Student Experience Portal](#)



When? Where?

Every Monday  
10:30 to 11:30 am

Wallis Hall 226  
Zoom

Graduate students will be encouraged to set realistic writing goals on a weekly basis to monitor their progress and to maintain momentum with their writing.  
[More Information here.](#)

## TRAILL COLLEGE 60TH ANNIVERSARY GUEST LECTURE SERIES



**03 OCTOBER 2024**

**7:30 PM**

**BAGNANI HALL  
TRAILL COLLEGE**

Refreshments provided



**DR. MARION FRY**

Traill College Principal  
1964-1968

Come enjoy a lecture from Dr. Marion Fry the first principal of Traill college. Dr. Fry played an important role in the shaping of Trent university and Traill college. Listen about her time at Trent and the History of the college.

**Attention New Traill Students!**



## Scarf Ceremony

**October 5th, 11am**

Catharine Parr Traill College invites all new Traillites to be officially welcomed or 'scarved' into the Traill community and get their maroon and grey stripes!



All Traillites who have not yet been scarved are invited to join us at the Traill campus on October 5th to receive their scarf in the Traill scarving ceremony. Dress for the weather and remember you'll get a scarf to keep you warm!

## Lift Lock Cruise

Trent Severn Waterway

**OCTOBER 5 @ 2:30pm - 5pm**

92 George Street North, Peterborough, ON



Please register to secure your spot. Space is limited!



Come join us for our 60th anniversary boat cruise! Be on the dock by 2:30 the boat won't wait for any late comers. Seats are limited so register [here](#)



# What's going on at the College on the Hill?

## Nominations Are Open!



**Closes Oct 7th @ 12PM**

The Traill College Cabinet Fall Election Season has begun!! If you want to help make a difference here at Traill you definitely should check out our website here, where you can find the nomination package. Remember to email your nomination package as a word doc to [traill@trentu.ca](mailto:traill@trentu.ca) and your picture (optional) before 12pm on Oct 8th.

## THE VILLAGE ON ARGYLE CAFETERIA HOME OF TRAILL ANNEX



*SATURDAY & SUNDAY  
BRUNCH  
11:30 AM - 1:30 PM  
DINNER  
5:00 PM - 6:30 PM*



**FOR ALL TRAILL STUDENTS  
SCAN THE QR CODE FOR 50%  
OFF YOUR FIRST MEAL**



**DINE IN OR TAKE OUT  
ECO-TRAY AVAILABLE  
USE YOUR TRENT CASH OR DECLINING BALANCE  
FOOD PLAN  
OFFERS AND HOURS OF OPERATIONS SUBJECT TO  
CHANGE DURING HOLIDAYS AND STUDENT BREAKS**

Use this QR code to get 50% off a meal at the Traill Annex this Saturday and Sunday.

## ADVISING ON THE LAND!

Come and explore strategies for successfully planning and navigating your academic and personal journey at Trent with Academic Advising!



Enjoy refreshments and  
land-based activities with Ashley

Tuesday, October 8th  
from 11:00am - 12:00pm

Front Lawn Scott House

\*Traill SCR alternative location  
for inclement weather\*



Explore strategies for successfully planning and navigating your academic and personal journey at Trent with Academic Advising. Each workshop features a land-based activity and light refreshments. Students are welcome to attend any or all of the workshops.

## OUTDOOR MOVIE NIGHT

Jalynn Bennett Amphitheatre | Traill College

October 8th  
7 - 9 PM



\*Weather Permitting\*

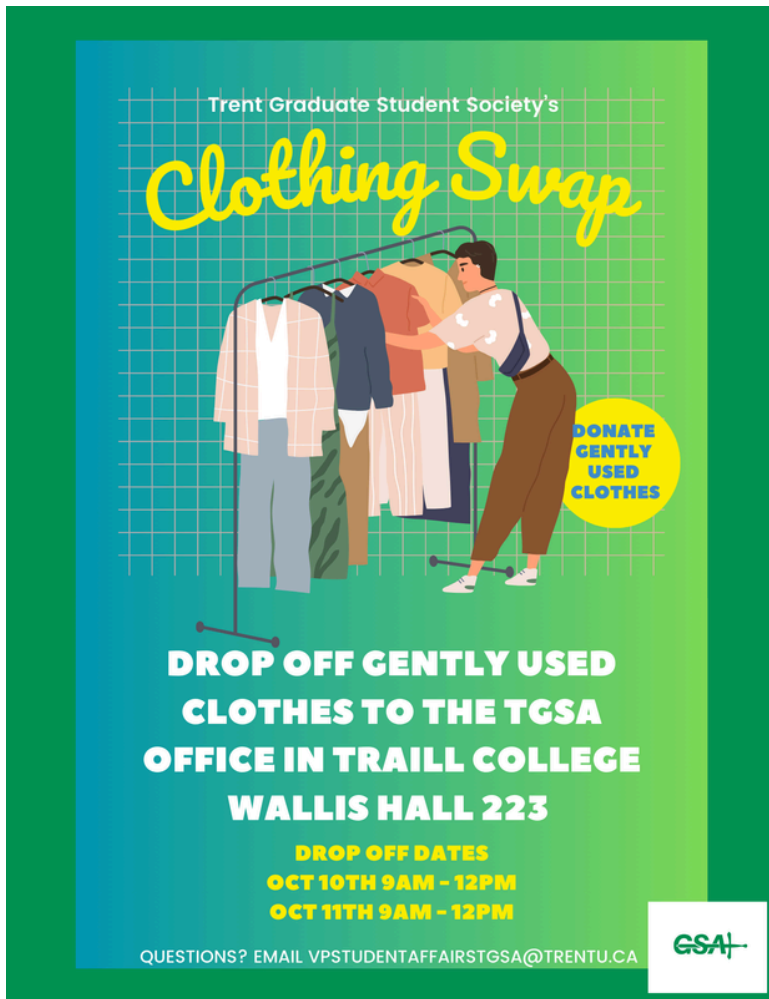
Join us on Tuesday, October 8th for another outdoor movie night at Traill College!

In this sitting, we will be watching 'Top Gun'!

Come out for a fun night and free snacks!

Dress for the weather and feel free to bring a warm blanket.

# What's going on at Trent?



Trent Graduate Student Society's  
**Clothing Swap**

**DONATE GENTLY USED CLOTHES**

**DROP OFF GENTLY USED CLOTHES TO THE TGSA OFFICE IN TRAILL COLLEGE WALLIS HALL 223**

**DROP OFF DATES**  
**OCT 10TH 9AM - 12PM**  
**OCT 11TH 9AM - 12PM**

QUESTIONS? EMAIL [VPSTUDENTAFFAIRSTGSA@TRENTU.CA](mailto:VPSTUDENTAFFAIRSTGSA@TRENTU.CA)

**GSA+**

The TGSA is hosting its first-ever Clothing Swap!

As the winter is coming around, many of us will be doing a Fall closet cleanout. We are asking that any and all graduate students consider donating any unwanted new, or gently used clothing to our Clothing Swap!

You can drop off the clothes on Oct 10th and 11th from 9am - 12pm at the TGSA Office at Traill College (Wallis Hall 223).

We will organize and sort the clothing which will then be up for grabs on Oct 24th!

If you have any questions, feel free to email [vpstudentaffairstgsa@trentu.ca](mailto:vpstudentaffairstgsa@trentu.ca)

## West Bank Homeroom



Are you a first-year student looking for community and learning support?

Join us Mondays at 5pm starting September 9th!

Learn more and sign up here!



Designed to enhance university readiness and belonging for first-year students, the East and West Bank Homerooms are facilitated by Academic Skills instructors and experienced Trent students on Monday nights from 5-7pm starting September 9th. Students can expect learning strategies, special campus guests, mindfulness activities, food and draw prizes!

THE COLLEGES OF TRENT UNIVERSITY PRESENT

## Subhankar Banerjee

Monday, October 7 @ 7:30 PM

Location: ENW 114

### Beyond Extinction:

Art & Visual Culture for  
Biodiversity & Justice



The Ashley Fellowship, featuring Subhankar Banerjee presents "Beyond Extinction: Art & Visual Culture for Biodiversity & Justice". Register for the public lecture [here](#)





# Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

**This week we are highlighting:**

## Academic Skills

Academic Skills at Trent is dedicated to helping undergraduate and graduate students develop the skills necessary to succeed and excel at university. We embody Trent's commitment to small-group teaching and individualized learning through one-on-one appointments and small-group workshops. Academic Skills provides instruction in all aspects of academic, writing, and study skills, including:

- Grammar
- Essay, lab and review writing
- Research and documentation
- Critical reading and thinking
- Mathematics
- Listening and note taking
- Oral presentations
- Exam preparation
- Time Management

To learn more or to book an appoint click [here](#)



Hello!



## PEER SUPPORT

AT TRENT UNIVERSITY

Check out the Student Experience Portal at [ccr.trentu.ca](http://ccr.trentu.ca) to book a session.

Monday to Thursday 12-3pm.

Fun Fridays from 12-2pm.

@peersupporttrent on IG or FB

**Here to listen and support. Let's connect.**

Looking for another student's perspective? Book a peer support appointment Monday to Thursday 12pm-4pm through the **Student Experience Portal!**



# CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on [trentu.ca/sep](http://trentu.ca/sep) and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

# Wellness Resources

For more information [click here](#) and [here!](#)

## Get outside before the snow!

With winter quickly approaching; take advantage of the parks, trails, pavilions and streams that Peterborough and Trent, have to offer!

Trent University is proud to support a sustainable, and diverse environment and habitat.

With approximately 1,400 acres of land situated on the banks of Otonabee River and over 30 kilometres of nature trails, Trent boasts one of the most picturesque University campuses in the country. The combination of lush forests, drumlins, streams and open fields provides a unique environment that is used by members of Peterborough and surrounding communities.

In the City of Peterborough, we have:

- 362 hectares of parkland
- Over 100 unique parks
- 36 kilometres of multi-use trails

All of which are available for everyone.



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"Hard things will happen to us. We will recover. We will learn from it.  
We will grow more resilient because of it." — Taylor Swift